



Designation: E3299/E3299M – 22

Standard Test Methods for Compression Resistance of Helmets¹

This standard is issued under the fixed designation E3299/E3299M; the number immediately following the designation indicates the year of original adoption or, in the case of revision, the year of last revision. A number in parentheses indicates the year of last reapproval. A superscript epsilon (ϵ) indicates an editorial change since the last revision or reapproval.

1. Scope

1.1 This standard provides test methods for assessing compression resistance of helmets worn by military, law enforcement, and corrections personnel. These test methods are applicable for many styles of helmet (that is, high-cut, mid-cut, full-cut).

1.2 Three compression test methods are included: (1) top-to-bottom, (2) side-to-side, and (3) front-to-back.

1.3 It is anticipated that this standard will be referenced by suppliers, certifiers, purchasers, or other users to meet their specific needs. Those users will specify, in other standards and specifications, which test methods and conditioning procedures are applicable and will specify any performance categories or levels.

1.4 *Units*—The values stated in either SI units or inch-pound units are to be regarded separately as standard. The values stated in each system are not necessarily exact equivalents; therefore, to ensure conformance with the standard, each system shall be used independently of the other, and values from the two systems shall not be combined.

1.5 *This standard does not purport to address all of the safety concerns, if any, associated with its use. It is the responsibility of the user of this standard to establish appropriate safety, health, and environmental practices and determine the applicability of regulatory limitations prior to use.*

1.6 *This international standard was developed in accordance with internationally recognized principles on standardization established in the Decision on Principles for the Development of International Standards, Guides and Recommendations issued by the World Trade Organization Technical Barriers to Trade (TBT) Committee.*

¹ These test methods are under the jurisdiction of ASTM Committee E54 on Homeland Security Applications and are the direct responsibility of Subcommittee E54.04 on Personal Protective Equipment (PPE).

Current edition approved March 1, 2022. Published March 2022. Originally approved in 2021. Last previous edition approved in 2021 as E3299/E3299M – 21a. DOI: 10.1520/E3299_E3299M-22.

2. Referenced Documents

2.1 ASTM Standards:²

D2240 Test Method for Rubber Property—Durometer Hardness

D3575 Test Methods for Flexible Cellular Materials Made from Olefin Polymers

D4819 Specification for Flexible Cellular Materials Made From Polyolefin Plastics

E3005 Terminology for Body Armor

F1446 Test Methods for Equipment and Procedures Used in Evaluating the Performance Characteristics of Protective Headgear

2.2 U.S. Government Standards:

FMVSS No. 218 Laboratory Test Procedure for Motorcycle Helmets, National Highway Traffic Safety Administration³

2.3 ISO/IEC Standards:

ISO/IEC 17025 General Requirements for the Competence of Testing and Calibration Laboratories⁴

3. Terminology

3.1 Definitions:

3.1.1 *basic plane, n*—an anatomical plane (Frankfort horizontal plane) that includes the superior rim of the external auditory meatus (upper edge of the external openings of the ear) and the inferior margin of the orbit (the lowest point of the floor of the eye socket) (see Fig. 1 and Fig. 2).

(Test Method F1446)

3.1.2 *controlled ambient, n*—conditions with temperature of $68 \pm 10^\circ\text{F}$ [$20.0 \pm 5.6^\circ\text{C}$] and $50 \pm 20\%$ relative humidity (RH).

(Adapted from Terminology E3005)

² For referenced ASTM standards, visit the ASTM website, www.astm.org, or contact ASTM Customer Service at service@astm.org. For *Annual Book of ASTM Standards* volume information, refer to the standard's Document Summary page on the ASTM website.

³ Available from National Highway Traffic Safety Administration (NHTSA), 1200 New Jersey Ave., SE, Washington, DC 20590, <http://www.nhtsa.gov>.

⁴ Available from International Organization for Standardization (ISO), ISO Central Secretariat, Chemin de Blandonnet 8, CP 401, 1214 Vernier, Geneva, Switzerland, <https://www.iso.org>.

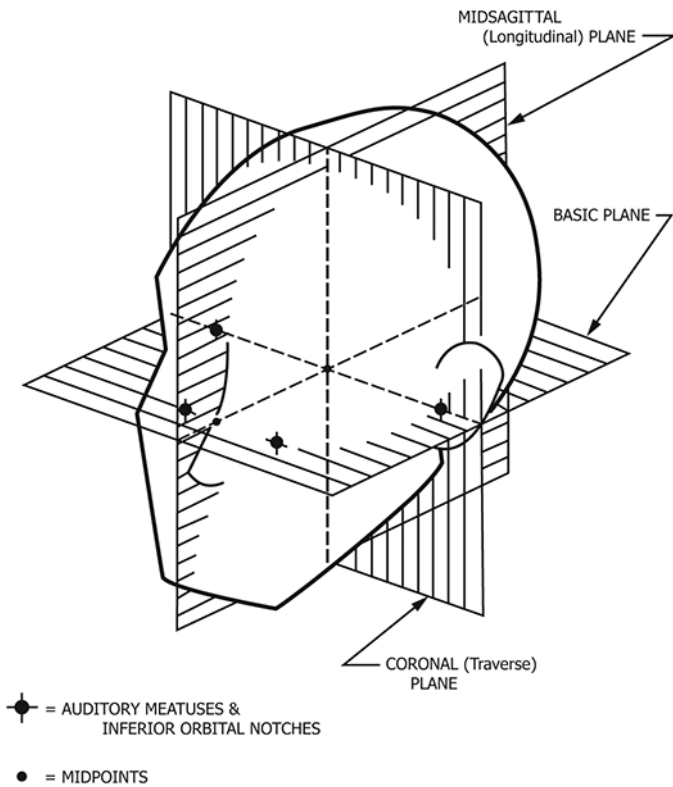


FIG. 1 Anatomical Planes

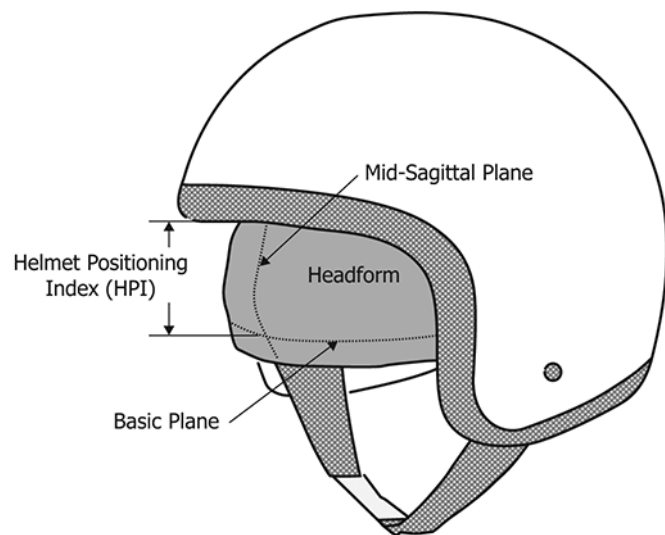


FIG. 2 Helmet Positioning Index

3.1.3 *coronal plane, n*—an anatomical plane perpendicular to both the basic and midsagittal planes and passing through the superior rims of the right and left auditory meatuses; the transverse plane corresponds to the coronal plane (see Fig. 1). (Test Method F1446)

3.1.4 *helmet positioning index (HPI), n*—the vertical distance from the brow of the helmet to an anatomical point of reference on the headform (for example, the basic plane), when the helmet is placed on a reference headform; the manufacturer

shall specify the size of the headform and the vertical distance (Test Method F1446); see Fig. 2. (U.S. DOT FMVSS No. 218)

3.1.5 *mid-sagittal plane, n*—an anatomical plane perpendicular to the basic plane and containing the midpoint of the line connecting the notches of the right and left inferior orbital ridges and the midpoint of the line connecting the superior rims of the right and left external auditory meatus. The longitudinal plane corresponds to the mid-sagittal plane (see Fig. 1). (Test Method F1446)

4. Significance and Use

4.1 The purpose of this standard is to provide reliable and repeatable compression test methods for the evaluation of helmets used in law enforcement, corrections, and military applications.

4.2 It is anticipated that this standard will be referenced by certifiers, purchasers, or other users in order to meet their specific needs. Those users will specify which test methods apply and will specify any performance categories or levels.

5. Hazards

5.1 The tests described in this test method have inherent hazards. It is the responsibility of the testing laboratory to ensure adequate safeguards for personnel and property when conducting these tests.

6. Test Item Requirements

6.1 Marking Helmet Planes:

6.1.1 It is necessary to mark the helmet with the coronal and mid-sagittal planes before positioning the helmet in the test compression fixture. See Fig. 2.

6.1.2 A complete helmet is required, including the shell, suspension system, and padding (if applicable).

6.1.3 The helmet shall be placed on an appropriately sized headform, and an 11.0 ± 0.2 lb [5.0 ± 0.1 kg] static mass is applied to the crown of the helmet. The helmet shall then be adjusted on the headform to achieve the HPI.

6.1.3.1 The manufacturer or user of this standard shall specify the HPI, so that the testing laboratory can position the helmet appropriately on the defined headform.

6.1.4 Mark the helmet shell exterior with the coronal and mid-sagittal planes.

6.2 Test Item for Compression Testing:

6.2.1 The test item for compression testing shall be a marked (as indicated above) finished helmet shell without retention systems, suspension systems, or hardware. Unless otherwise specified, a face shield, a night vision goggle shroud, or other accessories attached to the helmet, shall be removed before testing. Unless otherwise specified, rails attached to the helmet shall be removed. Edging shall not be removed from the helmet.

6.2.2 The user of this standard shall specify whether a single helmet shell is required for multiple tests or whether a different helmet shell is required for each test.

6.2.3 The test item shall be conditioned at controlled ambient for at least 24 h prior to testing.